



POSTED ON AUGUST 19, 2015

On Your Mark and Chicago Athletic Association Hotel Launch Partnership

By Bethany Stripp

The [Chicago Athletic Association Hotel](#), opened to the public for the first time earlier this year as one of the area's newest boutique hotels, recently partnered with local fitness studio [On Your Mark Coaching + Training](#) to bring workouts to hotel guests and the public.

"I've known Emily [Hutchins, owner of On Your Mark Coaching + Training] for quite some time," Patrick Hatton, general manager of the Chicago Athletic Association Hotel, says. "It's a local company, which is important to us. We're pleased to open the doors for the first time in [the Chicago Athletic Association's] history and to do that in an authentic way with a true Chicago success story."

Starting earlier this month, the Chicago Athletic Association Hotel began offering weekly group runs from its location at 12 S. Michigan. On Your Mark trainers lead the runs, which take place at 8 a.m. on Saturdays and welcome runners of all abilities, including hotel guests and the general public.

On Your Mark also provides personal training upon request to hotel guests looking to stay active during their time in Chicago. Trainers will also lead workouts for groups that use the hotel's facilities for meetings and conferences. These athletic breaks will include a variety of options, ranging from short stretching sessions to pre- or post-meeting workout classes.

"[The workouts are designed] to inspire creative thinking for companies that might be staying at the hotel or individuals staying at the hotel, to get them

away from the grind of the job for a little bit and take them into fitness,” Emily Hutchins says. “We want to inspire creative thinking so that they’re more productive when they go back to their work.”

To learn more about On Your Mark and the Chicago Athletic Association Hotel, visit oymtraining.com and chicagoathletichotel.com.