

*PureWow.*

## The Best Workout in 7 Chicago Neighborhoods



### **BUCKTOWN: ON YOUR MARK'S F30**

Though Bucktown hipsters make a great show of ironically drinking PBR on Friday nights, they're all about burning it off on Saturday mornings. Their secret: the 10 a.m. F30 class at On Your Mark. People pack in to move through the circuit-style workout.